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BIO



#9 Cara Mulcahy

Position:	Defender
Height:	5'6"
Year:	Junior
City/State:	Nashua, NH
High School:	Nashua North HS
Experience:	High School

[Career Statistics](#)
[2010 Game by Game Stats](#)
[2009 Game by Game Stats](#)

2011: Recorded four groundballs in nine games... tallied two groundballs at Marist on April 20.

2010: Played in 11 games...the defender recorded four ground balls with one draw control and three caused turnovers.

2009: Saw action in 10 games during her freshman season...recorded three total shots with three shots on goal...had two draw controls, one ground ball and one caused turnover.

High School: Lettered in lacrosse, field hockey and track at Nashua North High School...was a First Team Nashua Telegraph Newspaper All-Star selection in 2008, after earning second team honors in 2007...was named the team's Offensive Player of the Year in 2007, and as a senior was an honorable mention all-state selection...was a team captain in 2007 and 2008...was selected to play on the Upper New England Team 1, where she competed in the 2007 Women's National Lacrosse Tournament at Lehigh University in 2008...was recognized as a New Hampshire Scholar-Athlete by the NH Interscholastic Athletic Association and the NH Athletic Directors Association...in field hockey was a two-time team captain and was the defensive player of the year in 2007...earned all-state first team honors in 2007 and was all-state honorable mention in 2006...was also a member of the varsity winter track & field team and played ice hockey in her freshman year.

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