



[Home](#) | [Roster](#) | [2009 Schedule](#) | [Standings](#) | [Statistics](#) | [News](#) | [Coaches](#) | [Clinic Information](#) | [Record Book \(updated\)](#) | [Career Stats](#) | [Archives](#)

[\[Printer Friendly\]](#)

### FALL SPORTS

Cross Country (M)
Cross Country (W)
Field Hockey
Football
Soccer (M)
Soccer (W)
Volleyball

### WINTER SPORTS

Basketball (M)
Basketball (W)
Ice Hockey

### SPRING SPORTS

Baseball
Lacrosse (M)
Lacrosse (W)
Softball
Tennis (M)
Tennis (W)

### Information

- [Lawler Completion Project](#)
- [Athletic Staff Directory](#)
- [Athletic Department Honor Roll](#)
- [Blue Line Club](#)
- [Cheerleading](#)
- [Compliance](#)
- [Composite Calendar](#)
- [Directions](#)
- [Facilities](#)
- [Intramurals](#)
- [Marketing & Promotions](#)
- [NSCA Collegiate Power Rankings](#)
- [Quick Facts](#)
- [Recruiting Questionnaires](#)
- [SAAC](#)
- [SID Downloads](#)
- [Sponsorship](#)
- [Sports Medicine](#)
- [Strength and Conditioning](#)



#### #16 - Irene Lantz

**Position:** A/M  
**Year:** Fr.  
**Hometown:** Tyngsboro, MA  
**High School:** Tyngsboro  
**Height:** 5-6

**Before Merrimack:** Played four years of varsity soccer and varsity lacrosse in high school, being coached by Doug Clare in both sports...made the Honor Roll all four years of high school and received an award for Excellence in Visual Arts...Lowell Sun Star of the Week as a junior...Conference All-Star as a junior...received Most Improved Player award as a junior...Excellence in Wellness award as a junior...Senior captain of lacrosse and soccer teams...Coaches Award for soccer as a senior...Most Dedicated Player award for lacrosse as a senior

**Personal:** Born on September 22, 1989...daughter of Renee and Eric Lantz...has a younger sibling, Yanna...enjoys snowboarding and wakeboarding...majoring in Business at Merrimack

